Research for Patient Benefit Programme
East Midlands Regional Advisory Panel

Minutes of the Competition 28 Panel Meeting held on 26 January at Imago at Loughborough Ltd, Burleigh Court, University of Loughborough, off Ashby Road, West Park, Loughborough, Leicestershire, LE11 3TD

In Attendance:
Dr Heather Fortnum (Chair) Mrs Kathryn Rumney (NIHR CCF)
Dr Natalie Armstrong Mr Bob Scott (NIHR CCF)
Dr Charlotte Bolton Miss Thusi Mohanarajah (NIHR CCF)
Mr David Bowrey Mr Ben Morgan (NIHR CCF)
Dr Neil Coulson Professor David Armstrong (NIHR CCF)
Professor Roshan das Nair Mr Christian Johnson (Observer - Public Member)
Mr Adam Golberg Dr Sarah Armstrong (Observer – NIHR RDS East Midlands)
Dr Adam Gordon Professor Luke Vale (Observer – NIHR RDS North East)
Dr Matthew Grainge
Dr Laura Gray
Mr Anthony Locke
Professor Pip Logan
Dr Kristian Pollock
Professor Anne Thomas

Apologies:
Dr Simon Conroy
Mr Mark Edmondson-Jones
Professor Thompson Robinson
Dr Jonathan Tosh
Mr David Ward (Observer Public Member)

1 Final report summary and discussion

1.1 PB-PG-0909-19114: The FINOF(Femoral Nerve-Block Intervention in Neck Of Femur Fracture) Study
Conflicts: None
1.2 **PB-PG-1010-23145**: Reducing costs in asthma management - A pilot study  
**Conflicts**: None

2 **Applications considered**

2.1 **PB-PG-0815-10080**: A prognostic tool for predicting functional outcomes after paediatric cochlear implantation  
**Conflicts**: None  
**Outcome**: Reject

2.2 **PB-PG-0815-10127**: Circles of Support and Accountability - A feasibility Randomised Controlled Trial for men with mental health difficulties (CirclesPlus)  
**Conflicts**: Professor Roshan das Nair  
**Outcome**: Reject

Professor Roshan das Nair returned.

2.3 **PB-PG-0815-10205**: Spinal surgery without laboratory investigations – An investigation into the feasibility of performing minor spinal interventions without laboratory investigations (The No-Bloods study)  
**Conflicts**: None  
**Outcome**: Reject

2.4 **PB-PG-0815-10028**: Supplementary investigation following a randomised controlled trial of Positive Behaviour Support: A rapid realist review  
**Conflicts**: None  
**Outcome**: Reject

2.5 **PB-PG-0815-10035**: Carers of people with Dementia: Empowerment and Efficacy via Education (CAD:E3): A feasibility study  
**Conflicts**: None  
**Outcome**: Reject

2.6 **PB-PG-0815-10170**: Women’s experience of undergoing multiparametric MRI (mpMRI), compared with CT, for the investigation and management of symptoms of suspected ovarian cancer  
**Conflicts**: None  
**Outcome**: Reject

2.7 **PB-PG-0815-10014**: A pragmatic randomised controlled trial of Free Water Protocol compared to conventional management of thin fluid aspiration in the acute hospital setting Protocol Short Title/Acronym: Free Water Protocol in the acute hospital setting / the Free Water Acute Study (FreeWAS)  
**Conflicts**: None  
**Outcome**: Reject

2.8 **PB-PG-0815-10053**: Health Literacy in Community Pharmacy  
**Conflicts**: Professor Roshan das Nair and Dr Kristian Pollock  
**Outcome**: Reject

Professor Roshan das Nair and Dr Kristian Pollock returned.
2.9 **PB-PG-0815-10111**: A randomised controlled trial to investigate whether a web-based healthy lifestyle intervention can increase cardiorespiratory fitness compared to usual care in adults with obesity-related obstructive sleep apnoea syndrome (OSAS)

**Conflicts**: Dr Charlotte Bolton
**Outcome**: Reject

Dr Charlotte Bolton returned.

2.10 **PB-PG-0815-10166**: A randomised controlled trial of a family-centered educational resource to support weaning in ex-preterm infants

**Conflicts**: None
**Outcome**: Reject

2.11 **PB-PG-0815-10039**: MESO-Pall: Improving access to Specialist Palliative Care for patients with Malignant Pleural Mesothelioma

**Conflicts**: Dr Natalie Armstrong and Professor Anne Thomas (left the room)
**Outcome**: Reject

Dr Natalie Armstrong and Professor Anne Thomas returned.

2.12 **PB-PG-0815-10156**: "Healthy Mums": A feasibility study of a nurse-led community-based intervention to improve blood pressure control and cardiovascular risk in hypertensive post-natal mothers

**Conflicts**: None
**Outcome**: Invite to Stage 2

2.13 **PB-PG-0815-10086**: Improving early labour care by developing training and information resources for telephone conversations between women and midwives

**Conflicts**: Dr Kristian Pollock and Professor Roshan das Nair (left the room)
**Outcome**: Reject

2.14 **PB-PG-0815-10044**: Reasons for not attending the national aneurysm screening programme: A qualitative study aiming to improve attendance

**Conflicts**: Professor Roshan das Nair and Dr Kristian Pollock (remained out of the room) Dr Natalie Armstrong (left the room)
**Outcome**: Reject

Professor Roshan das Nair, Dr Kristian Pollock and Dr Natalie Armstrong returned.

2.15 **PB-PG-0815-10191**: Assessment of non-adherence to cardiovascular medications in a spot urine sample using a novel and objective biochemical method

**Conflicts**: None
**Outcome**: Reject
2.16 PB-PG-0815-10007: What outcomes of NHS care should be measured for people living with HIV, and how can we optimise engagement and use of a simple measure for patient benefit? 
*Conflicts*: None 
*Outcome*: Reject

2.17 PB-PG-0815-10063: Evaluating the feasibility of delivering an online Chronic Heart Failure specific module as part of the Activate your Heart web-based Cardiac Rehabilitation programme 
*Conflicts*: Dr Charlotte Bolton (left the room) 
*Outcome*: Reject

Dr Charlotte Bolton returned.

2.18 PB-PG-0815-10009: Measuring and Improving the Health and Quality of Healthcare for Offenders on Community Sentences: Developing Recommendations for Commissioners and Practitioners 
*Conflicts*: None 
*Outcome*: Invite to Stage 2

2.19 PB-PG-0815-10015: Bereavement and Wellbeing Trial (BeWell): Establishing a model for identifying and improving bereavement associated depressive symptoms and wellbeing in palliative care 
*Conflicts*: None 
*Outcome*: Reject

2.20 PB-PG-0815-10018: Urinary micronutrient profile as an early biomarker of acute kidney injury following coronary angiography 
*Conflicts*: None 
*Outcome*: Invite to Stage 2

2.21 PB-PG-0815-10057: Endometriosis and young women: designing a novel intervention to support self-management 
*Conflicts*: Dr Natalie Armstrong and Dr Laura Gray 
*Outcome*: Reject

Dr Natalie Armstrong and Dr Laura Gray returned.

2.22 PB-PG-0815-10059: Back on Track: feasibility study of a group based resilience intervention to address psychosocial needs after stroke 
*Conflicts*: Professor Roshan das Nair 
*Outcome*: Invite to Stage 2

2.23 PB-PG-0815-10071: Optimising hearing-Related Communication for care Home Residents with Dementia (ORCHARD): A realist synthesis 
*Conflicts*: Professor Roshan das Nair (remained out of the room) Dr Neil Coulson and Dr Adam Gordon (left the room) 
*Outcome*: Invite to Stage 2

Professor Roshan das Nair, Dr Neil Coulson and Dr Adam Gordon returned.
2.24  PB-PG-0815-10010: Role of ward based goal-directed fluid therapy (GDFT) in acute pancreatitis: A feasibility randomised controlled trial
Conflicts: None
Outcome: Invite to Stage 2

2.25  PB-PG-0815-10025: Watchful monitoring versus cholecystectomy for people with uncomplicated gallstones with mild symptoms: A feasibility randomised controlled trial
Conflicts: None
Outcome: Reject

2.26  PB-PG-0815-10145: Feasibility of conducting a randomised control trial to examine the benefit of bilateral cochlear implantation compared with unilateral cochlear implantation in adults with severe to profound deafness
Conflicts: Professor Roshan das Nair (left the room)
Outcome: Invite to Stage 2

Professor Roshan das Nair returned.