Research for Patient Benefit Programme
South East and Central Regional Advisory Panel

Minutes of the Competition 28 Panel Meeting held on 19 January 2016 at
ETC Venues, Avonmouth House, 6 Avonmouth Street, London SE1 6NX

In Attendance:

Professor Marian Knight (Chair)
Professor Chris Fife-Schaw (Deputy Chair)
Dr Janis Baird
Dr Nicola Carey
Professor Jonathan Cook
Dr Peter Davidson
Ms Gillian Elliott
Miss Helen George
Dr Richard Hooper
Mr Philip Hurst
Professor Dawn Langdon
Dr Jonathan Mathers
Dr Daniel Prieto-Alhambra
Professor Alison Richardson
Dr Helen Roberts
Professor Julie Scholes
Dr David Smithard
Dr Craig Steel
Dr Gordon Taylor
Professor Eila Watson
Professor Patricia Wilson

Dr Ramnath Elaswarapu (NIHR CCF)
Dr Sarah Forrest (NIHR CCF)
Miss Antonette Anandarajah (NIHR CCF)
Mr Ben Morgan (NIHR CCF)
Ms Hothen Esmael (NIHR CCF)
Dr Mark Hayward (Observer – NIHR RDS South East)
Dr Isabel Reading (Observer – NIHR RDS South Central)
Dr Claire Rosten (Observer – NIHR RDS South East)

Apologies:

Professor Sube Banerjee
Dr Sara Demain
Dr Seena Fazel
Dr Rosemarie Hutchinson
Dr Agnieszka Michael
Mrs Cynthia Russell
Dr Naji Tabet.
1 Final report summary and discussion

1.1 PB-PG-0609-19107: A pilot trial to assess the effect of a structured Communication approach on Quality Of Life in secure mental health settings (Comquol)
   Conflicts: None

1.2 PB-PG-0211-24096: Using expressive writing interventions to promote health in women after birth
   Conflicts: None

1.3 PB-PG-0211-24144: Electroconvulsive therapy: a qualitative study of the experiences of patients and their carers, as part of www.healthtalkonline.org
   Conflicts: None

2 Applications considered

2.1 PB-PG-0815-10005: A pharmacy based study to determine the feasibility of re-modelling the diagnosis and management of liver disease in primary care to improve patient outcomes and reduce service delivery costs
   Conflicts: Dr Janis Baird left the room
   Outcome: Reject
   Dr Janis Baird returned.

2.2 PB-PG-0815-10016: Accuracy of high-speed video microscopy analysis to diagnose primary ciliary dyskinesia
   Conflicts: None
   Outcome: Reject

2.3 PB-PG-0815-10037: A pilot trial to assess the potential effectiveness of group Metacognitive Therapy for reducing worry and emotional distress among teenagers and young adults with cancer (TYA)
   Conflicts: None
   Outcome: Reject

2.4 PB-PG-0815-10045: Group Cognitive Behavioural Therapy for anxiety in children and young people with learning disabilities (LD): Pilot study of adapted “FRIENDS for Life”
   Conflicts: Dr Gordon Taylor and Professor Patricia Wilson left the room
   Outcome: Reject
   Dr Gordon Taylor and Professor Patricia Wilson returned.

2.5 PB-PG-0815-10052: Improving COmmunicatioN In Consultations (ICONIC): A feasibility study of consultations involving patients with low back pain and physiotherapists
   Conflicts: Dr Janis Baird, Professor Jonathan Cook, Dr Daniel Prieto-Alhambra, Professor Alison Richardson and Dr Helen Roberts left the room
Outcome: Reject

Dr Janis Baird, Professor Jonathan Cook, Dr Daniel Prieto-Alhambra, Professor Alison Richardson and Dr Helen Roberts returned.

2.6 PB-PG-0815-10062: A randomised prospective study comparing serial corticosteroid injection with surgery after first relapse in carpal tunnel syndrome
Conflicts: Professor Jonathan Cook, Dr Daniel Prieto-Alhambra and Professor Patricia Wilson left the room
Outcome: Invite to stage 2

Professor Jonathan Cook, Dr Daniel Prieto-Alhambra and Professor Patricia Wilson returned.

2.7 PB-PG-0815-10067: A preliminary study to evaluate the use of circulating endothelial progenitor cells (EPCs) to monitor and identify patients at risk for recurrent ischaemic events following admission for Acute Coronary Syndrome
Conflicts: None
Outcome: Reject

2.8 PB-PG-0815-10082: Low-intensity guided help through mindfulness (LIGHTMind): An internal pilot randomised controlled trial comparing depressive symptom severity outcomes between supported Mindfulness-Based Cognitive Therapy self-help in comparison to supported Cognitive Behaviour Therapy self-help for adults experiencing depression
Conflicts: Professor Julie Scholes, Dr Claire Rosten (RDS observer) and Dr Mark Haywood (RDS observer) left the room
Outcome: Invite to stage 2

Professor Julie Scholes, Dr Claire Rosten (RDS observer) and Dr Mark Haywood (RDS observer) returned.

2.9 PB-PG-0815-10083: Randomised controlled feasibility trial of a brief cognitive behavioural intervention for reducing worry in acute hospital patients with somatic symptom disorder
Conflicts: Dr Craig Steel left the room
Outcome: Reject

Dr Craig Steel returned.

2.10 PB-PG-0815-10088: Type 2 diabetes and pre-diabetes in people with major mental illness and intellectual disabilities
Conflicts: Professor Jonathan Cook and Dr Daniel Prieto-Alhambra left the room
Outcome: Reject

Professor Jonathan Cook and Dr Daniel Prieto-Alhambra returned.

2.11 PB-PG-0815-10092: AKIIC: Acute Kidney Injury Investigation in the Community
Conflicts: Professor Patricia Wilson left the room
Outcome: Reject
Professor Patricia Wilson returned.

2.12 PB-PG-0815-10098: Developing and testing a compassion and mentalization focused psychoeducational intervention (COMPASS+) for support workers: A feasibility study
   Conflicts: None
   Outcome: Reject

2.13 PB-PG-0815-10105: Feasibility and acceptability of a web-based supported self-management system in patients with stable inflammatory bowel disease (IBD)
   Conflicts: Professor Alison Richardson left the room
   Outcome: Invite to stage 2

Professor Alison Richardson returned.

   Conflicts: Dr Janis Baird and Dr Helen Roberts left the room
   Outcome: Reject

Dr Janis Baird and Dr Helen Roberts returned.

2.15 PB-PG-0815-10121: The impact of postoperative Packing of Perianal Abscess Cavities: A multicentre randomised controlled trial (PPAC2)
   Conflicts: None
   Outcome: Invite to stage 2

2.16 PB-PG-0815-10128: Preventing muscle wasting in critically ill patients by repetitive occlusive stimulus (ROS): A feasibility study
   Conflicts: Dr Nicola Carey and Professor Chris Fife-Schaw left the room
   Outcome: Invite to stage 2

Dr Nicola Carey and Professor Chris Fife-Schaw returned.

2.17 PB-PG-0815-10141: Oral ketamine for relapse prevention following response to intravenous ketamine in treatment resistant depression: a feasibility study (REDKITE)
   Conflicts: Professor Jonathan Cook left the room
   Outcome: Reject

Professor Jonathan Cook returned.

2.18 PB-PG-0815-10157: SCIPI 2: An Extended Examination of the Influence of the Mode of Insulin Delivery in Infants, Children and Young People on Critical Outcome Measures, Four Years After Diagnosis of Type I Diabetes
   Conflicts: None
   Outcome: Reject
2.19 PB-PG-0815-10159: Thoracoscopic Talc Poudrage and Chest Drain versus Thoracoscopic Talc Poudrage with IPC In MPE Management (TACTIC)
**Conflicts:** Professor Jonathan Cook and Dr Daniel Prieto-Alhambra left the room
**Outcome:** Invite to stage 2

Professor Jonathan Cook and Dr Daniel Prieto-Alhambra returned.

2.20 PB-PG-0815-10164: Development of a New Scale for the Measurement of Service User-Perceived Coercion
**Conflicts:** Dr Jonathan Mathers left the room
**Outcome:** Reject

Dr Jonathan Mathers returned.

2.21 PB-PG-0815-10177: A feasibility study of an intervention for structured preparation before detoxification in alcohol dependence: The SPADe trial
**Conflicts:** Dr Nicola Carey and Professor Patricia Wilson left the room
**Outcome:** Invite to stage 2

Dr Nicola Carey and Professor Patricia Wilson returned.

3.22 PB-PG-0815-10180: The Cerebral Palsy Outcomes Study (CPOS)
**Conflicts:** Professor Jonathan Cook and Dr Daniel Prieto-Alhambra left the room
**Outcome:** Reject

Professor Jonathan Cook and Dr Daniel Prieto-Alhambra returned.

2.23 PB-PG-0815-10192: A feasibility study to inform the development of a multicentre Randomised Controlled Trial: Improving access and uptake of postnatal contraception
**Conflicts:** Dr Nicola Carey left the room
**Outcome:** Reject

Dr Nicola Carey returned.

2.24 PB-PG-0815-10195: Psychological Assessment and Wellbeing (PAWS): A Cohort Study Using Psychological Assessment to Predict Treatment Satisfaction, Quality of Life, and Health Service Consumption among Colorectal Cancer Patients
**Conflicts:** None
**Outcome:** Reject

**Conflicts:** Professor Jonathan Cook, Dr Helen Roberts and Professor Eila Watson left the room
**Outcome:** Reject

Professor Jonathan Cook, Dr Helen Roberts and Professor Eila Watson returned.