

# NIHR Mentoring Programme - Cohort 3

## Overview

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**Opportunity status:** Closed

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**Type:** Career Development

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**Opening date:** 10 September 2024 at 1:00 pm

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**Closing date:** 17 October 2024 at 4:00 pm

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**Reference ID:** 97004

The mentoring programme will enable you to develop your career. Mentees and mentors gain new perspectives, fresh ideas and expand their professional networks.

If your application is successful, a mentor will support your academic and career development over the course of a year.

## Why apply?

The mentoring programme will enable you:

- To take part in mentoring - not all industries and professions have a strong mentoring tradition.
  - To collaborate with professionals from other disciplines
  - To build relationships with individuals from different organisations
  - To engage with and learn from under-represented groups
  - To access mentoring resources and professional development events
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**“It couldn’t have been better. My mentor enabled me to think about things from a different perspective and provided guidance I feel a lot clearer about what I want to do in the future and how I might get there.”**

Dr Sharin Baldwin, Senior Health Visitor Research Lead

[Read more about Sharin's experience with our Mentoring Programme.](#)

(<https://www.nihr.ac.uk/documents/nihr-mentoring-programme-cohort-3-evaluation-report-2021/33209#pair-7>)

## Eligibility

### Mentees

You will apply to 1 of 2 streams in this programme:

- the early career researcher stream if you are a final-year PhD student or if you are up to 2 years postdoctoral
- the mid-career researcher stream if you are 2 years postdoctoral and beyond

To apply for either stream, you should:

- be an [NIHR Academy Member](https://www.nihr.ac.uk/career-development/nihr-academy) or be based in NIHR Infrastructure (e.g. an NIHR biomedical research centre), in an NIHR School or in an NIHR Research Unit and have a minimum of 6 months remaining on your funding or NIHR personal award from the close of applications to this programme
- be undertaking research in England; we are developing a mentoring programme for Global Health Research Academy Members

### Mentors

There are 2 types of mentor:

#### Mid-career mentors

- these mentors are [NIHR Academy Members or Associate Members](https://www.nihr.ac.uk/career-development/nihr-academy) who support early career researchers

- they may be an NIHR-based postdoctoral researcher with relevant postdoctoral experience (typically, more than 5 years) or an NIHR mid-career award holder.
- mentees, who have previously taken part in this programme, can become mentors

## Research leader mentors

These mentors are senior leaders who are Academy Members or Associate Members. They support mid-career researchers.

Research leader mentors may contribute to NIHR at a senior leadership level. They often:

- hold an Research Professorship or a Senior Investigator award
- sit on our award panels
- are one of our senior leaders, including our Members in our centres, infrastructure and schools

Doctoral and postdoctoral award holders on the HEE/NIHR ICA Programme can access funded career mentorship through the ICA Programme's bespoke Mentorship Scheme. [See our ICA Programme page for further information](https://www.nihr.ac.uk/career-development/research-career-funding-programmes) (<https://www.nihr.ac.uk/career-development/research-career-funding-programmes>).

## What is involved?

The mentoring programme is a 12 month formal commitment. Mentoring pairs meet for a minimum of 6 hours during the duration of the programme. Optional continuous professional development (CPD) workshops and in person events are available for mentees and mentors to attend

## Timeline

**10 September 2024**

Applications open

**17 October 2024**

Closes for applications

**22, 26, 28 November 2024**

Orientation event

## December 2024

Mentoring begins

### View details

[https://www.nihr.ac.uk/forms/developmentandsupport/developmentandsupport/developmentandsupport/JN18W51iN\\_TY2NDFtH2mbavb8NqxJwvpypa5Q/viewform](https://www.nihr.ac.uk/forms/developmentandsupport/developmentandsupport/developmentandsupport/JN18W51iN_TY2NDFtH2mbavb8NqxJwvpypa5Q/viewform)

Before before submitting an application, please view:

- [Mentoring FAQs](https://www.nihr.ac.uk/mentoring-programme-faq) (<https://www.nihr.ac.uk/mentoring-programme-faq>)
- [NIHR mentoring webpage](https://www.nihr.ac.uk/career-development/nihr-academy/benefits/mentoring-programme) (<https://www.nihr.ac.uk/career-development/nihr-academy/benefits/mentoring-programme>)

You will need to fill out an expression of interest form before 4pm Thursday 17 October 2024.

- [Mentor Expression of Interest Form](https://forms.gle/dRsZDqDoUKhjnzFB8) (<https://forms.gle/dRsZDqDoUKhjnzFB8>)
- [Mentee Expression of Interest Form](https://forms.gle/mKKWDVc2LaL9iBap7) (<https://forms.gle/mKKWDVc2LaL9iBap7>)

## Contact Details

- for help with your application, contact [developmentandsupport@nihr.ac.uk](mailto:developmentandsupport@nihr.ac.uk)  
(<mailto:developmentandsupport@nihr.ac.uk>)
- For more information about the funding Programme, visit the [Programme Page](/node/30551) (</node/30551>)